

WORKSHEET FOR DETERMINING PROGNOSIS



General Guidelines – Adult Failure to Thrive

Client Name: \_\_\_\_\_ Medical Record Number: \_\_\_\_\_ Date: \_\_\_\_\_

The patient meets all of the following (1, 2, and 3):

- 1. Palliative Performance Scale equal to or less than 40% (mostly in bed, requires assistance with ADL). \* See appendix for Palliative Performance Scale
- 2. Body Mass Index below 22 kg/m<sup>2</sup>  

$$BMI = \frac{703 \times (\text{patient's wt in pounds})}{(\text{patient's ht in inches})^2}$$
- 3. The patient declines or is not responding to enteral or parenteral nutritional support

Other supportive findings include:

- a. Documentation of clinical progression of disease.....  
 Evidenced by (*check all that apply and secure copies of documentation*)
  - \_\_\_ Serial physician assessment.
  - \_\_\_ Laboratory studies
    - 1. Increasing pCO<sub>2</sub> or decreasing pCO<sub>2</sub>, SaO<sub>2</sub>
    - 2. Increasing calcium, creatinine or liver function studies
    - 3. Increasing serum potassium, increase or decrease in serum sodium
  - \_\_\_ Radiologic or other studies
  - \_\_\_ Multiply Emergency Dept. visits, hospitalizations.
  - \_\_\_ Recurrent or intractable infections
  - \_\_\_ Nursing assessments (if available)
  - \_\_\_ Verbal information received re: pt history and documentation
- b. Recent increase in signs or symptoms.....  
 (*check all that apply*)
  - \_\_\_ Dyspnea (labored breathing)
  - \_\_\_ Edema
  - \_\_\_ Weakness
  - \_\_\_ Change in level of consciousness
  - \_\_\_ Pain requiring increasing doses of major analgesics
  - \_\_\_ Progressive pressure ulcers in spite of optimal care
  - \_\_\_ Nausea/vomiting not responsive to treatment
  - \_\_\_ Diarrhea, intractable
  - \_\_\_ Systolic b/p below 90 or progressive postural hypotension
- c. Staging (FAST) for dementia less than 7A.....
- d. Karnofsky Performance Status equal to or less than 40%.....
- e. Patient dependent in 3 out of 6 Activities of Daily Living.....
- f. Recent impaired nutritional status as evidenced by:
  - \_\_\_ Not responding to nutritional interventions. Explain further in narrative
  - \_\_\_ Wt loss of 10% over last 6 months. Date history in narrative
  - \_\_\_ Serum albumin less than 2.5 gm/dl (may be helpful indicator but not required)
  - \_\_\_ Arm circumference decreased: \_\_\_\_\_
  - \_\_\_ Systolic b/p less than 90 or progressive postural hypotension

